

Senior Handicap Points

(last revised 20:07, 15/02/2026)

Name	Proj. Time	Race Time	Diff	Next Proj Time	2 Mins Max	Total Points	Runs	SB Time	SB Points	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	
Catherine Hemingway	37:05	40:09	03:04	37:05	Exceed	344	12	36:39	20	45	40	40	40	29	33	34	50	45	29	30	31	
Helen Leach	35:30	36:15	00:45	35:41	OK	317	11	35:18	30	+	+		28	35	34	40	33	40	33	32	40	
Wayne Bailey	34:11			00:00	OK	308	10	33:59	20	32	33	50	33	40	24	32	40	28	27			
Daniel Worf	36:40			00:00	OK	306	11	35:53	10	+	+	33	50	31	40	50	31	31	30	29		
Barbara Reading	52:39	54:08	01:29	53:01	OK	302	12	52:38	10	+	+	45	35	30	31	33	26	33	40	40	35	
Laura Cottrell	34:32			00:00	OK	300	8	33:52	20	40	32			34	29	45	45	27		28		
Trevor Hufford	40:05	41:46	01:41	40:30	OK	296	9	40:05	30			30	31	28	25	30		34	35	45	33	
Jonathan Blows	37:56	38:23	00:27	38:03	OK	287	10	36:45			+	+	45	45	32	29		25	32	34	45	
Russ Hewitt	28:38	28:53	00:15	28:42	OK	284	10	28:34		35	35	34	34			27	25	24	34	35	50	
Simon Green	32:57	35:12	02:15	32:57	Exceed	278	7	32:57	10			35		50	50		27	29	45		32	
Janice Barnes	56:11			00:00	OK	255	9	55:58	10	31	30	32		27	26	34	34		26	31		
Scott Mathers	29:59			00:00	OK	227	8	30:46	10	30	26	29	27	25	28	28	24					
Di Leckie	47:50	46:54	00:56	46:54	OK	181	8	41:37		34		31	30	32	30				22		1	1
Maurice Hemingway	35:12			00:00	OK	181	5	35:12	10		34		32				29	26		50		
Diane Hufford	43:40	45:14	01:34	44:03	OK	178	7	43:29				1		1	27			32	50	33	34	
Ann Ellmers	43:41			00:00	OK	129	4	43:35			29				35		35	30				
Andy Weaver	29:51			00:00	OK	125	4	29:53			31			33			30		31			
Pam Hemingway	49:32			00:00	OK	122	6	49:24		1	28		29				28	35		1		
Katie Rush	39:21			00:00	OK	112	5	38:53			1				1		32	50	28			
Abigail Slater	36:06			00:00	OK	95	2	36:06		50	45											
Jessica Heaford	37:22			00:00	OK	65	4	37:22					1	1		40		23				
Nathalie Williams	36:55			00:00	OK	60	2	39:05		33	27											
Norma Leckie	48:47	49:04	00:17	48:51	OK	51	4	47:41						26	23					1	1	
Ben Goddard	33:30			00:00	OK	50	1	33:30			50											
Steve Deacon	01:02:57			00:00	OK	48	2	01:09:41									23		25			
Laura Abbott	44:42			00:00	OK	47	3	44:35					1	1	45							
Chris Dowsett	34:27			00:00	OK	25	1	38:17			25											
Phil Redden	38:32			00:00	OK	2	2	38:32			1				1							
Julie Rowland	43:12			00:00	OK	1	1	43:12			1											
Katlyn Staines	39:03			00:00	OK	1	1	39:03		1												

Score Runs :

Green Box = Eligible for SB Bonuses

Red Box = Best 8 to count but still able to gain SB Bonuses

SB Points :

Yellow box = This month SB Bonus added